

CERTIFICATE OF PARTICIPATION

This is to certify that

Karen Louw

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:04:14

PACE 06:24/km

GENDER 33 of 130

OVERALL 110 of 287

**SENIOR (20- 15 of 63
39)**

04 December 2016, Sun

Date



BoutTime

Signature

